

ROAD RECORDS ASSOCIATION SCHEDULE  
RECORD ATTEMPT NUMBER/S

2101, 2102.

NOTICE OF ON ATTEMPT TO IMPROVE THE FOLLOWING ROAD RECORDS ASSOCIATION RECORDS  
RECORDS:- Land's End John o' Groats & 1000 Miles.

TYPE OF MACHINE:- Mixed Tandem Tricycle.

THE ATTEMPT WILL BE MADE BY:- Mark Brooking & Jane Moore.

CLUB: Willesden CC

DISCLAIMER FORM:-

EARLIEST POSSIBLE START DATE: 11<sup>th</sup> JULY 2016

START TIME:03:00

PLEASE ASSUME THE ATTEMPT IS POSTPONED UNLESS NOTIFIED OTHERWISE.

CURRENT RECORD HOLDER/S: None

CURRENT STANDARDS OR TIMES/DISTANCE TO BE BEATEN: 3 days 7 hours & 4 days.

ORGANISER NAME: Peter Faulks

ADDRESS: **Devonshire Cottage**, Dynes Hall Road, Great Maplestead, Essex CO9 2QS.

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CONTACT PHONE PRIOR TO ATTEMPT:- Peter Faulks 07816477699

CONTACT PHONE DURING ATTEMPT:- Peter Faulks 07816477699 / Martin Badham 01603 897738

CONTACT PHONE FOLLOWING CAR:- Peter Faulks 07816477699

FURTHER DETAILS AVAILABLE FROM: Peter Faulks 07816477699

ANY OTHER COMMENTS: On a ride of this duration we will need several sets of observers who will cover the ride in shifts. Previous attempts similar to this have been completed in under 3 days. This class of ride has an upper limit of 4 days which makes it even more of a challenge!

It will therefore be essential to ensure that none of the helpers/observers/timekeepers are overstretched during the course of the ride.

Ideally if they could be self propelled and to a certain degree self sufficient it would ease the predicted duties of the rider support crew.

# LAND'S END TO JOHN O'GROATS

	Inter	Total	Time
Start at <b>Land's End Hotel</b> , South Door.	0.0	0.0	03:00
Proceed on A30, bypassing Penzance, to start of the Hayle bypass,	16.1	16.1	04:00
past Redruth, to the junction with A390,	15.2	31.3	05:00
then to join the Bodmin bypass, LEFT TO Carminnow Cross RAB (junction with A38) where right onto A38. [Next section has yellow cycle diversion arrows for route]. Left at next roundabout into Turfdown road. Left at crossroads near Tripp Hill. Follow unclassified road north to skirt south side of colliford lake. Continue to Bolventor (Jamaca Inn). Right at tee and left to rejoin A30 via sliproad.	24.5	52.5	06:15
then to join the Launceston bypass (junction A395),	22.9	78.7	07:45
and then, the Okehampton bypass (junction A386).	17.3	96.0	08:50
Continue on the A30 to the junction with A377, near Ide.	24.9	120.9	10:30
Take the A377 Alphington Road towards Exeter. Follow Inner bypass along Frog Street and Western Way to bear right at Blackboy roundabout onto the B3212, Blackboy Road. Then join B3181 northbound at Pinhoe, and continue to Cullompton.	14.9	135.8	11:30
Continue on B3181, joining A38 at Uffculme. Take the Wellington bypass towards Taunton. Proceed through Taunton, following Bristol A38 signs, including right turn onto Toneway.	20.1	155.9	12:45
Shortly, turn left onto Bridgwater Road, continuing on A38 through Bridgwater,	9.5	165.4	13:30
to junction with A368 at Churchill.	19.4	184.8	14:50
Continue on A38 to Bristol. Follow signs to Avonmouth, using Winterstoke Road. At Ashton Gate underpass Right hand lane to join Ashton Road. Pass under Brunel Way to encircle rab (Junction of Blackmoors Lane and Parklands Road SWRRA Lands End- Bristol terminus) and rejoin A370 crossing the Avon on Avon Bridge and Plimsoll Bridge. Join A4 towards Avonmouth, passing under the Clifton Suspension Bridge. Shortly, fork right to climb Bridge Valley Road, to Clifton Down. Join Westbury Road (A4018), to junction with B4056 Henleaze Road. Turn right, then left, following Henleaze Road, then Southmead Road, to Filton, where re-join A38.	18.2	203.0	16:00
Continue through to junction with A4135 near Slimbridge,	18.6	221.6	17:15
to take A430 Bristol Road approaching Gloucester. Use Southgate Street (A4301) and left into Commercial Road & The Quay, going right at roundabout on A417, rejoining A38 to junction crossing A40.	13.2	234.8	18:15
Follow A38 through Tewkesbury (straight ahead at roundabout south of the town [the 'old' A38], left on High St, then left at Cross) to Worcester. Avoid ring road, and proceed to junction with A44.	24.1	258.9	20:15
Turn left then right into City Walls road. Stay with A38 to join Foregate Street northbound. Continue to Barbourne where fork left to join A449, to Kidderminster.	13.7	272.6	21:15
Turning right at first roundabout, follow A449 to Wolverhampton. Use ring road, and turn left into Waterloo Road.	17.2	289.8	22:30
Shortly, re-join A449 to Stafford.	15.5	305.3	23:30
Use inner ring road and join A34 to Newcastle-under-Lyme.	16.7	322.0	00:40
Follow A34 through town centre, and join A5011 (signed towards A50) at Hollins. After about 1.5 miles, join A50 to Holmes Chapel.	15.1	337.1	01:40
Continue through Knutsford on A50	8.2	345.3	02:15
to Warrington.	10.2	355.5	03:00
After crossing the Ship Canal, follow one way system to join Kingsway South, becoming Kingsway North (still A50). Continue ahead to join A49 at Longford. Stay with A49 to Winwick Church. Turn right onto A573 to Golborne and then to Wigan.	13.8	369.3	05:00
Follow signs to Preston on A49, to join A6 at Bamber Bridge (use shortcut to avoid lights), to Preston.	17.4	386.7	06:30
Turn right (at a large hotel), and stay on A6 to Lancaster.	21.9	408.6	08:00
Turn left over river, then sharp right, on A6 towards Kendal. A6 briefly becomes A590 and then A591 for a couple of miles. Follow signs, re-joining A6, to Kendal	21.4	430.0	09:30
Stay on A6 towards Penrith. Climb to the summit of the road over Shap Fell.	9.8	439.8	10:30
Descend to Penrith, where ahead at junction with A66. Continue on A6 towards Penrith town centre.	15.8	455.6	11:30
Avoid the town centre by turning right to Old London Road, leading into Friargate, Benson Row, Meeting House Lane, and Drivers Lane to re-join A6 north of town centre, and continue to Stonybeck traffic island (B5305) Left on B5305 and cross the M6 (Junction 41) to Hutton in the Forest. Right onto unclassified road via Hutton end to Durdar. S.O. towards Carlisle, straight on Currock Road to James Street traffic lights. Left over Nelson Bridge into Charlotte Street, Junction street, right at the t- junction into Shadowgate, right at traffic lights onto dual carriageway (Bridge Street) Castle way to Hardwicke Circus traffic island. Join A7 Left into Parkhouse road. Cross RAB past Asda (Rockcliffe)	21.8	477.4	13:30

Follow Minor roads beside motorway and left to join B7076.			
Follow B7076 via Gretna, Kirkpatric-Fleming & Ecclefachan to Lockerbie,	21.6	499.0	15:30
where continue, joining A701 to Beattock, where rejoin B7076.	15.2	514.2	16:30
Stay on B7076 to join A702 near Crawford, to Abington (A74(M) J13).	19.5	533.7	18:30
Follow A702 to Biggar, where turn left on B7016 to Carnwath.	18.9	552.6	20:00
Where turn right to join A70 to the junction with B7031.	15.2	567.8	21:30
Join B7031 to Kirknewton, where turn right onto Main Street, onwards to A71. Turn left on A71 and then next right onto B7030 (Bonnington Rd / Clifton Hall Road), under M8 to junction with M9	6.6	574.3	23:30
Go left on A89, then right on B800 through Kirkliston, to roundabout junction with A90. Right at RAB on slip road to A90 Forth Bridge. Join cycle path in lorry park.	6	578.3	00:00
Cross bridge on cycle path. Leave A90 at first exit, joining B981 to Inverkeithing. Stay with B981 via Crossgates Left on B996 to Kelty (old Perth road) main street, where join B996 northbound to join	14	587.9	01:00
A922 to Milnathort. Turn right onto A911, keep left onto B996, then A91 again, then turn left on B996 (again) towards Perth. After approx 5 miles, the road becomes A912, to Perth.	24.0	612.9	02:30
Turn left onto Inner Ring, then fourth right (signed Inner Ring) into King Street, becoming Methven Street. Turn left into Atholl Road, to roundabout, where follow signs to A9. Follow A9 to Dunkeld (junction A822)	14.3	627.2	05:00
to the B8079 junction near Blair Atholl,	17.9	645.1	06:20
over the Pass of Drumochter,	19.7	664.8	08:00
to the junction for Newtonmore and Kingussie.	14.1	678.9	10:00
Continue past junction with A95 near Aviemore,	17.9	696.8	11:15
climb to the Slochd Summit,	9.1	705.9	12:00
then on to the Kessock Bridge at Inverness.	20.5	726.4	14:00
Follow A9 over the Black Isle, cross the Cromarty Firth to turn right at roundabout.	13.1	739.5	15:00
Stay on A9 to Tain bypass,	19.2	758.7	17:20
to roundabout, where turn right across Dornoch Firth, past the Mound, to Golspie.	18.0	776.7	21:00
Carry on to Helmsdale,	16.7	793.4	23:00
Berriedale,	9.4	802.8	00:20
Latheron, where take A99,	9.6	811.4	01:00
to Wick	16.8	829.2	01:40
Stay on A99, turn right at Reiss, to <b>John o'Groats Hotel</b> , where FINISH.	16.7	845.9	03:00
To continue for the 1000 miles record, briefly retrace to A836 junction, where turn right to junction with B876 in Castletown.	14.4	860.3	06:00
<b>"Lap 1"</b>			
Continue on A836 to junction with A9 in Thurso.	5.1	865.4	06:30
Turn left on A9 SO at crossroads with B874 and continue on A9	5.7	871.1	07:10
where left to join A882, through Watten,	6.4	877.5	07:45
to Wick, where turn at stop line just beyond traffic lights.	8.1	885.6	08:35
Retrace on A882 through Watten,	8.1	893.7	09:25
to Roadside & right	6.4	900.1	10:00
to Thurso,	5.7	905.8	10:35
where right on A836 to Castletown, where turn at junction with B876. (Manhole in road)	5.1	910.9	11:05
<b>"Lap 2"</b>			
Retrace to junction with A9 in Thurso.	5.1	916.0	13:00
Turn left on A9 SO at crossroads with B874 and continue on A9	5.7	921.7	13:40
where next left to join A882, through Watten,	6.4	928.1	14:15
to Wick, where turn at stop line just beyond traffic lights.	8.1	936.2	15:05
Retrace on A882 through Watten,	8.1	944.3	15:55
to Roadside & right	6.4	950.7	16:30
to Thurso,	5.7	961.5	17:05
where right on A836 to Castletown, where turn at junction with B876. (Manhole in road)	5.1	961.5	17:35
<b>"Lap 3"</b>			
Retrace to junction with A9 in Thurso.	5.1	966.6	18:30
Turn left on A9 SO at crossroads with B874 and continue on A9	5.7	972.3	20:10
where left to join A882, through Watten,	6.4	978.7	20:45
to Wick, where turn at stop line just beyond traffic lights.	8.1	986.8	21:25
Retrace on A882 through Watten,	8.1	995.88	22:05
to Roadside & right	6.4	1002.92	22:30
to Thurso,	5.7	1008.07	23:00
where right on A836 to Castletown, where turn at junction with B876. (Manhole in road)	5.1	1013.15	23:30


SCHEDULE FORM MARCH 2011