

# T A EAST 2015 "SPRING" WEEKEND

FRIDAY , MARCH 20<sup>TH</sup> TO SUNDAY , MARCH 22<sup>ND</sup>

LEA VALLEY HUT, Behind The Ash, BURTON END, nr Stansted.

POST CODE: (THE ASH), CM24 8UQ GRID REF: TL 531 236 MIKES MOBILE: 07726 141 340

**IMPORTANT--- DO NOT DRIVE UP THE HUT PATH, YOU WILL GET STUCK.**

I will be contacting the ASH to ask if we can use their car park

WELLY BOOTS OR STRONG PLASTIC BAGS (Norfolk Wellies) are a must. There are slippers at the Hut.

- PROGRAMME -

**FRIDAY 15:** The Hut will be open from 3:30pm. DINNER , A Take –Away from Stansted about 7pm. Michael to collect, then retire to the Ash.

**SATURDAY 16:** Early Morning Tea for the Audaxers ( wake me up ). Bring your own Muesli .

**BREAKFAST** At 8:30am. **Bacon Eggs Sausages Baked Beans, bread and milk** will be supplied.

**START:** Meet up in the Ash car park. The ride starts at 10:00am , heading via Takeley

**ELEVENSES :** to the Cafe in Hatfield Forest, Grid Ref. TL 539 196

**LUNCH:** 12:30pm at the 16<sup>th</sup> century **GEORGE**, Grid Ref. TL 498 180 on the A1060, Little Hallingbury. We then return to the Hut via Great Hallingbury (PAUSE AT THE Hop Poles ?)

## DINNER

FRIDA will be cooking up CURRY and RICE for about 7:30pm. Add your own heat,

Will any **Vegetarians** let us know and Frida will do a meat free version.

Dinner will be reserved for any very slow Audaxers.

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**SUNDAY 17:** a lighter BREAKFAST at 8:30am. Depart from The Ash at 10:30am.

**LUNCH:** at the ROSE and CROWN, Bentfield Green, Stansted. Grid Ref TL 506 255. They do a selection of Roasts for about £11.50 to £12.50 with all the trimmings and will provide a sandwich menu if required, which I will have to pre-book.

## DETAILS

**COSTS:** Hut Fee £3:50 per night. DINNER and BREAKFAST approx at cost.

**BREAKFAST:** We will supply eggs, bacon, sausages, beans, milk, bread, butter, tea, coffee marmite, etc.

PLEASE BRING YOUR OWN CEREALS, WINE, BEER

You will also need: wash kit, sleeping bag, pillow case, pyjamas

For those tri-cycling to the Hut, there are hand towels and flannels available. There are sleeping bags, which can be booked.

THE PUBS need some idea of numbers, so PLEASE let me know if you are lunching, even at the last minute

## BOOKINGS TO

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